

Integrated Clinical Experience (ICE) Planned Learning Experience (PLEX)

Caregiver education

Objectives	Description of Learning Experience	Resources and Time to Complete
1. Utilize effective methods to educate family/caregivers on proper body mechanics including patient friendly language and demonstration 2. Demonstrate appropriate knowledge of proper body mechanics during mobility tasks. 3. Understand the importance of caregiver education	1. Student/CI will identify an opportunity for family/caregiver education regarding proper body mechanics when caregiver is assisting patient during mobility or exercises 2. Students will perform caregiver education on body mechanics utilizing effective education methods (teach-back, checks for understanding, etc) and patient-friendly language. 3. Student and CI will solicit feedback from caregiver about the education provided 4. CI and students will debrief after session to provide feedback	Resources: FII and Movement Science content related to body mechanics, facility specific resources related to caregiver training and education Time to complete: varies based on patient - Caregiver education: 10-30 min depending on patient - CI/student discussion: 10-15 min